

Face Treatments

SKIN REGIMEN express 30 min. € 40,00
60 min. € 75,00

A treatment to rejuvenate stressed skin and specifically counteract accelerated aging. The personalized selection of boosters is maximized by the massage technique, a neuromuscular rehabilitation method that strengthens the elasticity of skin and muscles*.

BENEFITS: RENOVATION, REJUVENATES

RECOVER TOUCH express 30 min. € 40,00
50 min. € 65,00

Antioxidant multivitamin nourishing treatment for face, neck and décolleté with a repairing and protective action against damage caused by free radicals*. **BENEFITS: NOURISHES, REPAIRS AND GIVES SILKINESS**

* Microsonic Facial Device: ultrasound + microcurrent used for all facial treatments for deep cleansing, stimulation of cellular metabolism, optimization of product absorption.

ACTIVE PURENESS express 30 min. € 40,00
50 min. € 65,00

Deep cleansing Idi treatment with a special Spirulina Algae mask. Fresh, bright and uniform appearance*. **BENEFITS: PURIFICATION**

REMEDY express 30 min. € 40,00
50 min. € 65,00

Smooths and restores the protective barrier of the skin. The exclusive Remedy Massage is ideal during pregnancy. With physiotherapy and osteopathic techniques, with specific acupressure it helps to detoxify, relax and balance the mind and give the skin an optimal state of health and beauty*. **BENEFITS: RENEW, REDUCE, NUTS**

HIDRAMEMORY express 30 min. € 40,00
50 min. € 65,00

Facial, neck and décolleté treatment with hyaluronic acid, intense moisturizer for a luminous and silky skin. The application of the mask through the use of brushes makes the experience unique and exclusive. **BENEFITS: HYDRATE**

SUBLIME SKIN express 30 min. € 40,00
60 min. € 80,00

Anti-aging system of the face for a lifting effect from the inside able to correct the visible signs due to aging of the skin Fills and smooths wrinkles, visibly redefines the contours of the face and neck. Effectively contrasts wrinkles, bags and dark circles. **BENEFITS: NOURISHES, BRIGHTENS, COMPACTS**



Opening hours from 10:00 to 20:00
BOOKING REQUIRED
BABYSITTER ON REQUEST

For a personalized offer and reservations:
+39 0831 356111
+39 393 873 8680
ladolcevitaspaostuni@gmail.com

Courtesy kit:
bathrobe, towel and slippers (these are free)

Entrance forbidden to children under 18 years old.
30% deposit upon booking.



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usc. Costa Merlata
72017 Ostuni Marina (Br) Puglia





LA DOLCE VITA SPA

BOOK OF WELLNESS AND OF CUDDLES



La Dolce Vita Spa Packages

**WELLNESS PATH
"LA DOLCE VITA"** € 60,00 (per person)

Wellness program with heated pool overlooking the sea with hydromassage and waterfall, calidarium, tepidarium, salt sauna, emotional shower with chromotherapy, ice waterfall, vertical Kneipp path with tropical rain, cold rain, summer storm and cold fog, relaxation area with chromotherapy chaise longues, lounge area with herbal tea corner and fresh fruit, new changing rooms with courtesy kit (complimentary towel, bathrobe and slippers).

LA DOLCE VITA GOLD RELAX € 90,00 (per person)

La Dolce Vita Wellness Path with additional 30' relaxation or decontracting massage.

LA DOLCE VITA FACE AND BODY € 90,00 (per person)

La Dolce Vita Wellness Path with additional 30' face massage or body scrub.

LA DOLCE VITA MORNING € 90,00 (per person)

La Dolce Vita Wellness Path with lunch or dinner and dedicated menu with bottle of wine and water in the restaurant it Cavaliere or Aranceto of Masseria Santa Lucia.

**LA DOLCE VITA MORNING
FACE AND BODY** € 125,00 (per person)

La Dolce Vita Wellness Path with additional 30' face or body treatment or massage; lunch or dinner and dedicated menu with bottle of wine and water in the restaurant it Cavaliere or Aranceto of Masseria Santa Lucia.

PARTY IN SPA € 70,00 (per person)

Minimum 6 participants, over 10 participants 10% discount Per corso Benessere La Dolce Vita da 150', aperitivo (Aperol Spritz o Prosecco), scrub per tutti gli ospiti.

HAN BACHELORETTE PARTY IN SPA 60,00€ (per person)

Minimum 6 participants, over 10 participants 10% discount 20' La Dolce Vita Wellness Path, 20' massage for the Bride, scrub for all the guests, bottle of Prosecco.



Massages & Rituals

MESSAGE DECONTRACTING 30 min. € 40,00
LA DOLCE VITA 50 min. € 75,00
90 min. € 100,00
Decontracting massage improves tissue elasticity, giving an immediate feeling of relief. Ideal for joint blocks, contractures and stiffness. With final application of a natural arnica remedy.

HIMALAYA SALT MASSAGE 60 min. € 80,00
An extraordinary ritual for the body with an immediate result. Heated Himalayan salt stones generated an immediate sense of relaxation, calming restlessness, states of anxiety, generating psychophysical balance. A bath of Himalayan pink salt oil detoxifies, soothes pain, stimulates the metabolism and improves blood circulation. Salt as a natural drug.

HOT STONE RITUAL 40 min. € 80,00
Extraordinarily relaxing massage with hot stones of volcanic origin, combined with a magnificent cream with tranquility fragrance.

MEDITERRANEAN RITUAL RELAX 50 min. € 70,00
Jojoba Oil and basil oils, bergamot and anise combined with a face and body massage inspired by the warm and vibrant soul of Mediterranean cultures.

AROMATHERAPEUTIC RITUAL RELAX 50 min. € 65,00
[ARABIAN, INDIAN, ORIENTAL]
Body ritual with an experience of deep sensory well-being to regain strength and vitality. The journey begins by choosing a blend of essential oils that will transport you to the exotic East, the warm embrace of the Mediterranean, the vibrant world of India or the ancient tribal desert cultures.

RITUALE DOLCE VITA RELAX 30 min. € 40,00
An experience of well-being on the body and a mind to have an immediate feeling of relaxation, with the use of sweet almond oil.

HANDS AND FEET RITUAL 30 min. € 40,00
Revitalizing treatment for hands and feet, excellent circulation stimulant and skin softener.

ANTI-CELLULITE MASSAGE 30 min. € 40,00
TONING/DRAINING 50 min. € 75,00
Intensive massage, based in the 3 specific characteristics of restoring body tissues suitable for any type of skin.

TRANQUILLITY RITUAL 60 min. € 80,00
Aromatic ritual of well-being for face and body with an irresistible pleasantness and fragrance.

SLEEP RITUAL 60 min. € 70,00
Innovative massage that acts on 3 different sensorial paths: touch, hearing and smell for a relaxing action. The synergy of the exclusive blend of essential oils, sound and manual skills, inspired by the Indonesian sea Malay massage and the Ayurvedic one, combined with the use of soft brushes lead to the feeling of relaxation and stillness for the body and mind, useful for sleep and recovery.

TIBETAN SOUND MASSAGE 60 min. € 120,00
Inspired by Ku Nye, an ancient indigenous practice belonging to the Tibetan medical tradition. It promotes the removal of psychophysical tensions, contributes to the elimination of toxins, reduces and relieves various types of muscle and joint pain, reduces anxiety and difficulty falling asleep. Recommended to everyone.



Body Treatments

3 IN 1 75 min. € 90,00
Three-phase intensive remodeling treatment: at the initial stage with thermogenic action and reactivation of the microcirculation, follows a vigorous lipolytic massage and a final draining, revitalizing and toning phase. A shock treatment that reduces fat and cellulite from the first application.
BENEFITS: RE-ACTIVATE, STIMULATE, RE-MODEL, DRAINBODY ACTIVE MASSAGE

BODY ACTIVE MASSAGE 50 min. € 70,00
Intensive remineralizing, remodeling and toning treatment with an innovative body mask with Brazilian Yellow Clay and Plankton extract. The effectiveness is enhanced by an exclusive massage that combines the use of a Wood Massage Roller with Tuina techniques. Ideal to combine with a fitness program or to integrate into a cellulite and tone program.
BENEFITS: REMODEL, REDUCE MUSCLE TENSION, STIMULATE CIRCULATION, OXYGEN THE FABRICS

AROMATHERAPEUTIC BANDAGE 50 min. € 65,00
Aromatherapy bandaging treatment aimed at stimulating the metabolism microcirculation combined with draining manual skills.
BENEFITS: DRAIN

THERMAL MUD BAGNI DI PISA 50 min. € 65,00
Remodeling thermal mud treatment and refreshing leg gel.
BENEFITS: DISSOLVE

ALGAE MASK 50 min. € 65,00
Tissues, ensuring tone and brightness to the silhouette while it detoxifies and oxygenates the adipose tissues by stimulating the metabolism. BENEFITS: TONIFY

MASCHERA ELASTICIZZANTE 50 min. € 65,00
Treatment with mask concentrated in tamanu oil and green walnut extract with firming and toning effect, gives elasticity and restores skin hydration. BENEFITS: ANTIOXIDANT, HYDRATING, REDUCTION OF STRETCH MARKS

AROMATHERAPEUTIC SCRUB 50 min. € 65,00
Aromatherapy exfoliating massage in which the skin regains softness and smoothness. Its effect is enhanced by the blend of essential oils that will transport you to the exotic East, the warm embrace of the Mediterranean, the vibrant world of India or the ancient tribal desert cultures.
BENEFITS: CALM



Beauty Service

Full leg and groin hair removal	45 min. € 50,00
Underarm epilation	20 min. € 20,00
Partial hair removal <i>(arms or groin or half leg)</i>	30 min. € 25,00
Mustache epilation	10 min. € 8,00
Eye eyebrow epilation	10 min. € 10,00
Man back epilation	40 min. € 45,00
Manicure <i>without removal</i>	45 min. € 45,00
<i>with removal</i>	90 min. € 60,00
Pedicure <i>aesthetic</i>	50 min. € 50,00
<i>healing</i>	90 min. € 65,00
Facial cleaning	60 min. € 60,00